

### **Description**:

This ongoing interactive workshop will be led by Dr. Sonny Kelly, an expert in public speaking and interpersonal communication. Participants will engage in a dynamic process of introspection and growth as they seek to come to voice. Each participant will learn how to voice their opinions, perspectives, and knowledge in the most engaging, effective, and empowering ways.

### Format:

Workshops can be conducted virtually or face-to-face. Dr. Kelly can work oneon-one or in groups of 2 to 15 students at a time. Sessions run for 60 minutes.

## **Objectives:**

- Participants will learn how to define and develop a confirming communication climate, where all participants feel heard, respected, and empowered to engage in productive cooperation and conflict.
- Participants will learn how to diagnose and deescalate a disconfirming communication climate, where participants feel disconnected, disrespected, and disempowered.
- Participants will learn and practice tactics for building deeper relationships and driving for results through the power of public speaking.
- Participants will learn effective practices for coaching up (to superiors & clients), coaching laterally (to peers), and coaching down (to students, troops, & employees) in assertive, persuasive, and connective ways.

## Workshop Fee: \$100/hour/student

Legacy Heirs Productions Inc has conducted performances, lectures, and workshops for hundreds of satisfied clients like: GlaxoSmithKline, QIAGEN, The Association of Community Health Workers, Association of Maternal & Child Health Programs, HMA Community Strategies, RTI, Sentara Health, The USO, The Junior League, Cumberland County Arts Council, Duke University, Syracuse University, UNC Chapel Hill, UNC Greensboro, East Carolina University, Fayetteville State University, Georgia Tech University, St. Andrews University, Fayetteville Technical Community College, Sandhills Community College, Durham Technical Community College, Cumberland County Schools, The Levin Jewish Community Center as well as numerous churches, community organizations, and K-12 schools across the nation.



# About Dr. Sonny Kelly (CEO & Lead Teacher/Learner)

Dr. Sonny Kelly is a professional performer, storyteller, motivator, speaker, scholar, and veteran. Currently a full-time professor of Communication at Fayetteville Technical Community College, Dr. Kelly holds a PhD in Communication from UNC Chapel Hill. He is a graduate of St. Mary's University (MA, Communication Studies, '08) and Stanford University (BA, International Relations, '98). Dr. Kelly has been a professional actor on stage and television for over 25 years. He has served our nation as a U.S. Air Force officer, and his community as a non-profit organization program director, a youth worker and church minister. He volunteers as an Artist in Residence with Fayetteville Urban Ministry's Find-A-Friend youth program in Fayetteville, NC and Boomerang Youth, Inc's alternative to suspension program in Chapel Hill, NC. To learn more, please visit www.legacyheirsproductions.com or contact Dr. Sonny Kelly at (210)793-5241.

